



HC1

- To roll, poke and squeeze play dough.
- Opportunities to explore through risky play by providing equipment at different heights.

HC1

- Use pipettes to transport water from one container to another.
- Walk along a raised plank without adult support and jump from the end.
- Hold out hands to catch a large ball thrown by an adult.



HC3

- Hold out hands to catch a beanbag thrown by an adult.
- Experiment with different ways of moving, testing out ideas and adopting movements to reduce risk.
- Develop a good tripod grip.

MOVING & HANDLING

HC2

- To roll, poke and squeeze play dough.
- Opportunities to explore through risky play by providing equipment at different heights.

HC3

- Use pipettes to transport water from one container to another.
- Walk along a raised plank without adult support and jump from the end.
- Hold out hands to catch a large ball thrown by an adult.

HC2

- Use pipettes to transport water from one container to another.
- Walk along a raised plank without adult support and jump from the end.
- Hold out hands to catch a large ball thrown by an adult.

HC2



- Hold out hands to catch a beanbag thrown by an adult.
- Experiment with different ways of moving, testing out ideas and adopting movements to reduce risk.
- Develop a good tripod grip.



CURRICULUM AS OF
MARCH 2025